

Studio Q | Semester 1, 2025 Information Kit

About Studio Q

Welcome to Studio Q, Q Theatre's performance training program. Studio Q offers a range of courses for different age groups, skill levels and abilities. All workshops are delivered by professional theatre artists at the Joan Sutherland Performing Arts Centre in Penrith.



This kit has been designed to give you an overview of our program. For updated details, including schedules and booking information, please visit <https://www.qtheatre.com.au> or contact us on creativelearning@penrith.city or (02) 4723 7600 (extension 2).

General Course Outline and Structure

The Studio Q year consists of four eight-week terms, aligned with NSW public school terms (with the exception of Agile Not Fragile, which has ten-week terms). Participants attend weekly workshops where they learn performance skills and make new friends, all while working towards performance outcomes.

Starting this year, there will be open classes at the end of each term for family and friends to visit, observe, and get an update on the participants' progress. Some classes will also enjoy performance opportunities outside of the Joan.

Our annual showcase event, in which participants in each course present an original performance in the Q Theatre, will now take place at the end of Term 3. Tickets for this event will be sold through the Box Office.

Courses offered in Terms 1 – 2, 2025 (subject to meeting minimum participant requirements):

Agile Not Fragile

Contemporary dance for the young at heart but not so young of body. In order to allow our mature students greater scheduling flexibility, Agile Not Fragile is structured as a drop-in class,

Age group: Mature adults (55+)

Time: Fridays, 9:30am – 11:00am (1.5 hours p/week)

*Please check our website for the latest information on Agile Not Fragile enrolment and fees.

Access Artists Ensemble

Theatre arts for people who identify as living with disability.

Young Adults

Age group: 18 – 26

Time: Fridays, 1:30pm - 3:30pm (2 hours p/week)

Cost: \$204 Term / \$348 Semester / \$186 Term (Sibling)* / \$308 Semester (Sibling)*

Adults

Age group: 26+

Time: Fridays 10:30am – 12:30pm (2 hours p/week)

Cost: \$204 Term / \$348 Semester

Young Artist Ensemble

Theatre arts for children and teens.

Starting Out

Age group: Ages 5 – 8

Time: Saturdays, 9:30am – 11:30am; Saturdays, 1:30pm – 3:30pm (2 hours p/week)

Cost: \$224 Term / \$380.80 Semester / \$204 Term (Sibling)* / \$336 Semester (Sibling)*

Stepping Up

Age group: Ages 9 – 12

Time: Saturdays, 9:30am – 11:30am; Saturdays 1:30pm – 3:30pm; Mondays 5pm – 7pm (NEW CLASS); Tuesdays 4pm – 6pm (2 hours p/week)

Cost: \$224 Term / \$380.80 Semester / \$204 Term (Sibling)* / \$336 Semester (Sibling)*

Ignite

Age group: Ages 13 – 15

Time: Saturdays, 9:30am – 12:30pm; Saturdays 1:30pm – 4:30pm (3 hours p/week)

Cost: \$334 Term / \$568 Semester / \$302.40 Term (Sibling)* / \$504 Semester (Sibling)*

Accelerate

Age group: Ages 16 – 18

Time: Tuesdays 4:30pm – 7:30pm (3 hours p/week)

Cost: \$334 Term / \$568 Semester / \$302.40 Term (Sibling)* / \$504 Semester (Sibling)*

**Note: The Sibling Discount are valid when siblings from the same family enrol in the same term or semester, and applies to the second child onwards.*

How to Enrol

Booking process:

1. Please **Read** the **Terms and Conditions** as well as **Code of Conduct** in the following pages. Returning students, please note these are updated each term.
2. **Enrol and pay for your course** through **The Joan's Box Office (contact details below)**. We accept Australian credit cards and EFTPOS. Please note that payment for our Access Ensemble classes can only be done either in-person or over the phone.

Contact Box Office:

Phone (02 4723 7600, ext. 3)	Monday – Friday	9am – 4:30pm
Email (boxoffice@penrith.city)	Monday – Friday	9am – 4:30pm
Onsite (The Joan, 597 High Street, Penrith)	Monday - Friday	9am – 4.30pm
Online (qtheatre.com.au/learning/)	24 hours, 7 days a week	

These are subject to change. To check for updates, [please visit our 'Box Office' page](#).

What Do I Wear? How Do I Prepare? What Do I Bring to Each Course?

What to wear: Comfortable, unrestrictive clothing that they are comfortable moving around in, as well as closed shoes. Black and dark colours are recommended.

What to bring: We recommend participants bring a bottle of water to each rehearsal to remain hydrated. **Please Note:** Food is not allowed in class unless via written agreement with Management.

Preparing for Class: Our teachers provide training in theatre skills suitable for the age group and skill levels of the students. These include performance training, stagecraft understanding and skills, as well as activities encouraging collaboration, creativity and expression. Training is primarily done in class at The Joan, so students simply need to bring their willingness to express themselves, to work with their peers and to explore their creative sides. In Terms 3 and 4, as classes prepare for the Annual Showcase and outside performances, students may be expected to rehearse individually at home, in addition to their work in class.

Please note that discretion can be applied in exceptional circumstances depending on each student's needs, so parents and carers are encouraged to discuss any such circumstances with our teaching artists and staff.

Contact

For information & enquiries, please contact the **Studio Q Team:**

Phone: (02) 4723 7600 (ext. 2)

Email: creativelearning@penrith.city

Semester 1 2025 Studio Q Calendars

Agile Not Fragile Program

Term 1, 2025 (Fridays)

Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8	Wk 9*	Wk 10
7 Feb	14 Feb	21 Feb	28 Feb	7 Mar	14 Mar	21 Mar	28 Mar	4 Apr	11 Apr

Term 2, 2025 (Fridays)

Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6*	Wk 7	Wk 8*	Wk 9	Wk 10
2 May	9 May	16 May	23 May	30 May	6 Jun	13 Jun	20 Jun	27 Jun	4 Jul

*4 April and 20 June workshops will be open for family and friends to attend and observe

Access Ensemble Programs

Term 1, 2025 (Fridays)

Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8*
7 Feb	14 Feb	21 Feb	7 Mar	14 Mar	21 Mar	28 Mar	4 Apr

Term 2, 2025 (Fridays)

Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8*
2 May	9 May	16 May	23 May	30 May	6 Jun	13 Jun	20 Jun

*4 April and 20 June will be open classes which family and friends are welcome to attend and observe
 Please note there will be **NO CLASS on 28 February for all Access Ensemble programs

Starting Out, Stepping Up Sat and Ignite Programs

Term 1, 2025 (Saturdays)

Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8*
8 Feb	15 Feb	22 Feb	8 Mar	15 Mar	22 Mar	29 Mar	5 Apr

Term 2, 2025 (Saturdays)

Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8*
3 May	10 May	17 May	24 May	31 May	7 Jun	14 Jun	21 Jun

*5 April and 21 June will be open classes which family and friends are welcome to attend and observe
 Please note there will be **NO CLASS on 1 March for all Saturday programs

Semester 1 2025 Studio Q Calendars

Stepping Up Monday

Term 1, 2025 (Mondays)

Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8*
10 Feb	17 Feb	24 Feb	3 Mar	10 Mar	17 Mar	24 Mar	31 Mar

Term 2, 2025 (Mondays)

Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8*
28 Apr	5 May	12 May	19 May	26 May	2 Jun	16 Jun	23 Jun

***31 March** and **23 June** will be open classes which family and friends are welcome to attend and observe

Please note there will be **NO CLASS on **9 June** due to King's Birthday holiday

Accelerate

Term 1, 2025 (Tuesdays)

Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8*
11 Feb	18 Feb	25 Feb	4 Mar	11 Mar	18 Mar	25 Mar	1 Apr

Term 2, 2025 (Tuesdays)

Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8**
29 Apr	6 May	13 May	20 May	27 May	3 Jun	10 Jun	17 Jun

***1 April** will be an open class which family and friends are welcome to attend and observe

****Week 8** of **Term 2** will consist of an outdoor performance for Accelerate students, exact date and time will be advised at the start of Term 2

Terms and Conditions

Before booking students into Studio Q, please read the following Terms and Conditions carefully and contact The Joan if you have any questions.

Payment & Enrolment

Payment of fees must be made, and a completed enrolment form for the year must be received before participants can attend course sessions. Returning students in a calendar year do not need to resubmit an enrolment form.

Trial Lessons

Studio Q does not offer trial or casual lessons as our course structure does not suit casual or drop-in attendance.

Missed/Cancelled Sessions

Refunds for sessions missed by participants are not available.

Commitment & Discontinuing

Studio Q requires all participants to participate in all eight weeks of a course they have enrolled in for the term.

New participants to Studio Q are required to commit for a minimum of two weeks. If a new participant wishes to discontinue after their second week, then a refund will be given equal to the value of the remaining sessions in the term. New participants who discontinue after their third week may not be eligible for a refund.

Returning participants to Studio Q, once enrolled, are committed to attending the course for the period of enrolment: returning participants who choose to discontinue are not entitled to refunds of payments.

Studio Q Code of Conduct

All Studio Q participants are required to read, understand and adhere to the Code of Conduct as found on this link: <https://www.qtheatre.com.au/wp-content/uploads/2024/07/Studio-Q-Code-of-Conduct.pdf>

Agreement

By enrolling in a Studio Q course, you:

1. Authorise staff of Penrith Performing and Visual Arts Ltd. (PP&VA) to seek out emergency medical attention for your participant in the event of an emergency.
2. Disclose any significant health or medical issues the student may have which Studio Q staff and tutors need to be aware of in the enrolment form.
3. Understand that Studio Q staff and tutors accept no responsibility for the supervision of participants outside official session times.
4. Agree to indemnify PP&VA and its staff against any personal loss, injury or damage to property that may result from participating in the course or sessions.
5. Consent to the photographing and/or recording of your participant during Studio Q sessions and related activities for the purposes of marketing Studio Q now and in the future.

6. Agree to follow the COVID-19 Safety Plan policies and procedures of Penrith Performing & Visual Arts Ltd. as indicated above and at the website links indicated.
7. Agree to follow the Studio Q Code of Conduct at the website links indicated.

Media Release Consent

By enrolling in a Studio Q course, you consent to the photographing and/or recording of the participant during Studio Q sessions and related activities for the purposes of marketing Studio Q now and in the future.

If you would like to withdraw your media release consent for the participant at any time, please inform our team via e-mail at CreativeLearning@penrith.city.

Joan Sutherland Performing Arts Centre

December 2024